# GENERAL PRACTICE (LINICS

At the core of Carbal Medical Services' wide range of clinical and health services is our dedicated team of professional General Practitioners and gualified medical experts. With clinics in both Toowoomba and Warwick with male and female GPS we provide extensive primary health care services from Monday - Friday. Transport available upon request.

# ABORIGINAL HEALTH WORKERS (AHW)

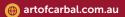
The backbone of Carbal's clinical health care model, AHWs is crucial to improving the health outcomes of our patients. Providing the linkage between community and health professionals they support and ensure continuity of care.

# ART OF (ARBAL

Offering the ability to purchase authentic Indigenous Australian Artwork to elevate home or office décor. The affordable masterpieces allow you to showcase the diversity of Australian Culture.

#### **(** 1300 379 558

🕥 Australia wide



(ARBAL AT HOME

Allows Carbal Nurses and Aboriginal Health Workers to deliver comprehensive healthcare and supportive services to Aboriginal and Torres Strait Islander peoples within the comfort of their own homes.

### **(** 4633 9500

Toowoomba



(m) carbal.com.au/carbal-at-home/

### (ARBAL DENTAL SERVICES

Newly-refurbished, purpose-built Toowoomba dental clinic is equipped with all-new modern equipment including stateof-the-art dental chairs and onsite x-ray.

#### **(** 4688 8850

Toowoomba (A) carbal.com.au/dental

# ONLINE EDU(ATION

#### **(** 1300 379 558

- Australia wide
- carbal.com.au/training

# ALLIED HEALTH

**(** 1300 379 558 Toowoomba and Warwick

carbal.com.au



# Carbal Medical Services

# PROVIDING EX(ELLEN(E in Aboriginal & **Torres Strait Islander Healthcare**

## 125 Russell St, Toowoomba 55 Wood Street, Warwick

Carbal is an Aboriginal Medical Service operating full GP medical clinics on the Darling Downs and Southern Downs. We provide culturally appropriate care and focus on a holistic approach exploring all factors that contribute to individual wellbeing.

Although the primary mission of Carbal is aligned to the Closing The Gap initiative, all members of the community are welcome.



Carbal.com.au admin@carbal.com.au 1300 379 558

Dec 2023

## (ARBAL ADDICTION SUPPORT SERVICES ((ASS)

Culturally-safe and appropriate support service for the Aboriginal and Torres Strait Islander community with alcohol Worker and Counsellor work with clients, their families and community-based rehabilitation recovery services.

#### 4680 1440

#### O Toowoomba and Warwick

(A) carbal.com.au/outreach-services/ cass-carbal-addiction-support-services

### HEARING HEALTH

By prioritising these screenings, we can prevent ear diseases, avoid hearing loss, and ensure

#### 4639 7300

Toowoomba and Warwick

- (m) carbal.com.au/clinical-services/hearing-health/

# INTEGRATED TEAM (ARE OR 'IT('

Is responsible for providing crucial support services directly to people living with complex chronic health conditions across our region. Designed to improve the health outcomes by coordinating better access to multidisciplinary care.

#### 4633 9500

O Darling Downs and Southern Downs

() carbal.com.au/itc

# (ARBAL KITCHEN

Carbal Kitchen are proud to be supporting disadvantaged and vulnerable families in our community by offering food hampers and delicious and nutritious home-cooked meals. View our current menu an order online with weekly delivery.

#### 4633 9500

Toowoomba

(A) carbal.com.au/kitchen

arbal Citchen

# NATIONAL DISABILITY INSURAN(E S(HEME (NDIS)

Carbal is a registered provider and offers a range of supports to people who have been accepted as a participant of the NDIS Services include:

- Support Coordinators & Recovery Coaching
- Plan Management
- Group Activities
- Daily Living Support
- Social & Community Participation

#### **(**) 4639 7400

- O Toowoomba and Warwick
- (A) carbal.com.au/ndis

# NEW DIRECTIONS

Providing antenatal and postnatal services for Indigenous women/children and their families. Extensive and ongoing support including:

- Home Visits
- Midwife, Child Health Nurse Services
- Breastfeeding support and education
- Immunisation information
- Mudal-Yaal Yarnin Antenatal education session
- Koala Club Mothers Group

#### 4639 7300

O Toowoomba and Warwick

(m) carbal.com.au/clinical-services/maternal-childrens-health/

# (ONTACT US OR LEARN MORE

Carbal.com.au admin@carbal.com.au 1300 379 558



# OUTREA(H HEALTH SUPPORT SERVICES

Carbal's Outreach Health Support Services team are responsible for directly connecting with vulnerable members of the Darling Downs and Southern Downs. The team facilitates access to supports and services that individuals may find challenging to reach due to personal circumstances, social and emotional factors, or a lack of awareness about available supports.

Services and programs offered are as follows:

- Strong Fathers
- Strong Mothers
- Marlu Youth
- Miyay Youth
- Elders Groups





# (ARBAL DIGS

Offers short and long-term accommodation options for Aboriginal & Torres Strait Islanders and their families. Carbal Digs provides clean and modern accommodation for patients who are required to travel to Toowoomba to access medical/specialist appointments or hospital services via the Patient Travel Subsidy Scheme.

> **(** 4633 9500 🕐 Toowoomba (m) carbal.com.au/digs





