

## GENERAL PRACTICE CLINICS

At the core of Carbal Medical Services' wide range of clinical and health services is our dedicated team of professional General Practitioners and qualified medical experts. With clinics in both Toowoomba and Warwick with male and female GPs we provide extensive primary health care services from Monday – Friday. Transport available upon request.

## ABORIGINAL HEALTH WORKERS (AHW)

The backbone of Carbal's clinical health care model, AHWs are crucial to improving the health outcomes of our patients. Providing the linkage between community and health professionals they support and ensure continuity of care.

## ART OF CARBAL

Offering the ability to purchase authentic Indigenous Australian Artwork to elevate home or office décor. The affordable masterpieces allow you to showcase the diversity of Australian Culture.

- ☎ 1300 379 558
- 📍 Australia wide
- 🌐 [artofcarbal.com.au](http://artofcarbal.com.au)



## CARBAL AT HOME

Allows Carbal Nurses and Aboriginal Health Workers to deliver comprehensive healthcare and supportive services to Aboriginal and Torres Strait Islander peoples within the comfort of their own homes.

- ☎ 4633 9500
- 📍 Toowoomba
- 🌐 [carbal.com.au/carbal-at-home/](http://carbal.com.au/carbal-at-home/)



## CARBAL DENTAL SERVICES

Newly-refurbished, purpose-built Toowoomba dental clinic is equipped with all-new modern equipment including state-of-the-art dental chairs and onsite x-ray.

- ☎ 4688 8850
- 📍 Toowoomba
- 🌐 [carbal.com.au/dental](http://carbal.com.au/dental)



## ONLINE EDUCATION

Developed and accredited, Carbal have developed a suite of online culturally appropriate education to health professionals and organisations nationally.

- Cultural Awareness Training
  - Individuals
  - Organisations
  - GPs & Health Professionals
- Mental Health Skills Training
- Focussed Psychological Strategies
- Tackle Indigenous Smoking
- Social Emotional & Wellbeing



- ☎ 1300 379 558
- 📍 Australia wide
- 🌐 [carbal.com.au/training](http://carbal.com.au/training)

## ALLIED HEALTH

Recognising the important role of a multidisciplinary health care approach, Carbal offer an extensive range of Allied Health Services within the clinic including podiatrists, pharmacists, physiotherapists, speech pathologists, diabetes educators, dietitians, psychologists and exercise physiologists.

- ☎ 1300 379 558
- 📍 Toowoomba and Warwick
- 🌐 [carbal.com.au](http://carbal.com.au)



## PROVIDING EXCELLENCE in Aboriginal & Torres Strait Islander Healthcare

125 Russell St, Toowoomba  
55 Wood Street, Warwick

Carbal is an Aboriginal Medical Service operating full GP medical clinics on the Darling Downs and Southern Downs. We provide culturally appropriate care and focus on a holistic approach exploring all factors that contribute to individual wellbeing.

Although the primary mission of Carbal is aligned to the Closing The Gap initiative, all members of the community are welcome.

SCAN HERE  
TO LEARN MORE



Carbal.com.au  
[admin@carbal.com.au](mailto:admin@carbal.com.au)  
1300 379 558

## CARBAL ADDICTION SUPPORT SERVICES (CASS)

Culturally-safe and appropriate support service for the Aboriginal and Torres Strait Islander community with alcohol or drug dependencies. Using a holistic approach, a Case Worker and Counsellor work with clients, their families and clinicians to provide supported at-home withdrawal and community-based rehabilitation recovery services.

- ☎ 4680 1440
- 📍 Toowoomba and Warwick
- 🌐 [carbal.com.au/outreach-services/cass-carbal-addiction-support-services](http://carbal.com.au/outreach-services/cass-carbal-addiction-support-services)

## HEARING HEALTH

Our roving hearing health van allows Carbal to bring our expertise to schools for essential children's hearing health screening checks. By prioritising these screenings, we can prevent ear diseases, avoid hearing loss, and ensure optimal learning outcomes for the future.



- ☎ 4639 7300
- 📍 Toowoomba and Warwick
- 🌐 [carbal.com.au/clinical-services/hearing-health/](http://carbal.com.au/clinical-services/hearing-health/)

## INTEGRATED TEAM CARE OR 'ITC'

Is responsible for providing crucial support services directly to people living with complex chronic health conditions across our region. Designed to improve the health outcomes by coordinating better access to multidisciplinary care.

- ☎ 4633 9500
- 📍 Darling Downs and Southern Downs
- 🌐 [carbal.com.au/itc](http://carbal.com.au/itc)



## CARBAL KITCHEN

Carbal Kitchen are proud to be supporting disadvantaged and vulnerable families in our community by offering food hampers and delicious and nutritious home-cooked meals. View our current menu and order online with weekly delivery.

- ☎ 4633 9500
- 📍 Toowoomba
- 🌐 [carbal.com.au/kitchen](http://carbal.com.au/kitchen)



**Carbal  
Kitchen**

## NATIONAL DISABILITY INSURANCE SCHEME (NDIS)

Carbal is a registered provider and offers a range of supports to people who have been accepted as a participant of the NDIS Services include:

- Support Coordinators & Recovery Coaching
- Plan Management
- Group Activities
- Daily Living Support
- Social & Community Participation

- ☎ 4639 7400
- 📍 Toowoomba and Warwick
- 🌐 [carbal.com.au/ndis](http://carbal.com.au/ndis)



## NEW DIRECTIONS

Providing antenatal and postnatal services for Indigenous women/children and their families. Extensive and ongoing support including:

- Home Visits
- Midwife, Child Health Nurse Services
- Breastfeeding support and education
- Immunisation information
- Mudal-Yaal Yarnin Antenatal education session
- Koala Club Mothers Group

- ☎ 4639 7300
- 📍 Toowoomba and Warwick
- 🌐 [carbal.com.au/clinical-services/maternal-childrens-health/](http://carbal.com.au/clinical-services/maternal-childrens-health/)



## CONTACT US OR LEARN MORE

**Carbal.com.au**  
**admin@carbal.com.au**  
**1300 379 558**



## OUTREACH HEALTH SUPPORT SERVICES

Carbal's Outreach Health Support Services team are responsible for directly connecting with vulnerable members of the Darling Downs and Southern Downs. The team facilitates access to supports and services that individuals may find challenging to reach due to personal circumstances, social and emotional factors, or a lack of awareness about available supports.

Services and programs offered are as follows:

- Strong Fathers
- Strong Mothers
- Marlu Youth
- Miyay Youth
- Elders Groups



## CARBAL DIGS

Offers short and long-term accommodation options for Aboriginal & Torres Strait Islanders and their families. Carbal Digs provides clean and modern accommodation for patients who are required to travel to Toowoomba to access medical/specialist appointments or hospital services via the Patient Travel Subsidy Scheme.

- ☎ 4633 9500
- 📍 Toowoomba
- 🌐 [carbal.com.au/digs](http://carbal.com.au/digs)