



## Initiation Story

by Uncle Colin Jones

"...So the young boys have moved in to the small circle on the Bora Ring and up the other end you'll see... the groups of elders are all witnessing that they are now at the first stages of becoming a warrior..."



For more information on Marlu Youth, including how to refer, contact Carbal's Community Outreach team on:

 1300 379 558

 [outreach@carbal.com.au](mailto:outreach@carbal.com.au)

 [carbal.com.au/marlu](http://carbal.com.au/marlu)



'ALWAYS  
MOVING  
FORWARD'



At Marlu Youth,  
we believe in

**MOVING  
FORWARD**

*Marlu* - the kangaroo can't  
walk backwards and so  
just like Marlu...

Neither will we!



# ABOUT MARLU YOUTH

Carbal's Marlu Youth program is conducted 2 days per week and is run over a 3 month period, equating to 23 days of face-to-face learning.

## MENTORING

- Members from Carbal's Strong Fathers and Strong Families community share life experiences and lessons with participants.
- Participants are introduced to positive role models in the greater community that work and are involved in a variety of contributive fields.

## CULTURE

- Participants are taught the significance of First Nations' art and culture.
- Bunya Mountains cultural visit.
- Gummingurru cultural visit.

## TEAM BUILDING

- Physical conditioning.
- Fundamentals of working in a team by completing an obstacle course.
- Participants will learn to push their minds and bodies to truly learn what they are capable of!

## HEALTH

- Pre-course medical with links provided to all of Carbal's programs and services
- Drugs, smoking and alcohol education
- Healthy lifestyle education

## INTRODUCTION TO EMPLOYMENT & EDUCATION PROVIDERS

- School-based programs
- TAFE
- University
- Employment agencies



# THE MARLU YOUTH EXPERIENCE

## Phase One | Week 1-4

Mentors introduction  
Health lessons  
Art work  
Cultural education

## Phase Two | Week 4-8

Gummingurru Visit -  
Cultural immersion and connection  
Bunya Mountain Visit -  
Historical and cultural education  
Obstacle course - Emu Gully Visit  
Leadership strategies

## Phase Three | Week 8-12

Art, dance and language  
School programs  
Study options  
Employment services

