

NO SMOKES

for MY baby.



The puffing and coughing  
I hear everyday,  
I really don't like  
but what can I say?

My husband, he smokes  
and his habit just grows  
but not for MY baby  
I'll make sure he knows!

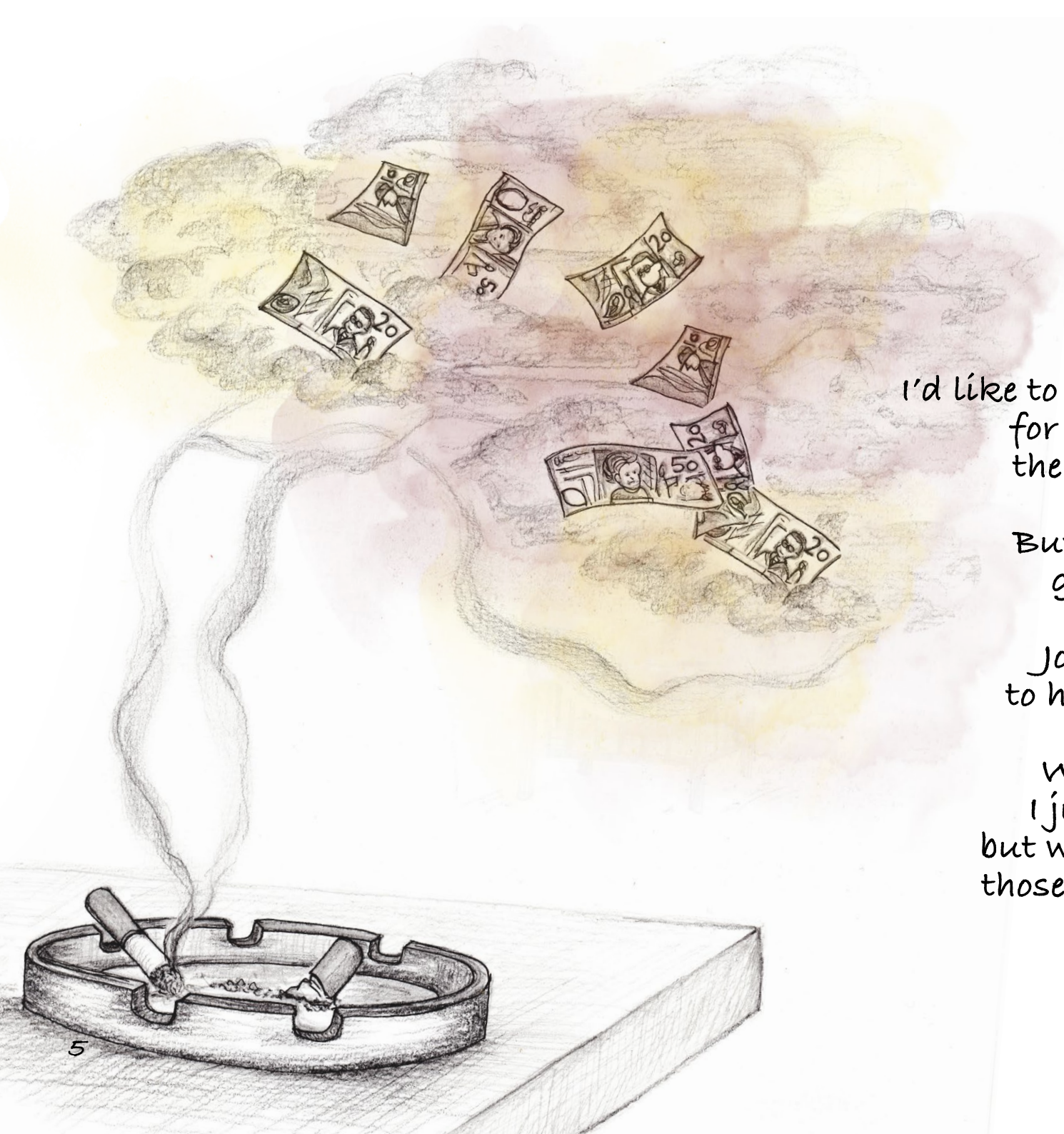


John wheezes and sneezes  
and coughs every day  
He's so busy puffing,  
he can't puff and play

He'd like to be fit  
and I know that for sure,  
but he chooses the smoking,  
gasping and more...



He says he'll give up -  
well he'd best get a spurt on  
NO smokes for MY baby  
of that I am certain!



I'd like to be able to buy lovely toys  
for all of our children,  
the girls and the boys

But all our spare cash  
goes up in smoke

John uses so much  
to help himself choke...

Why does he do it?  
I just do not know...  
but when I have my baby,  
those smoke can just GO!



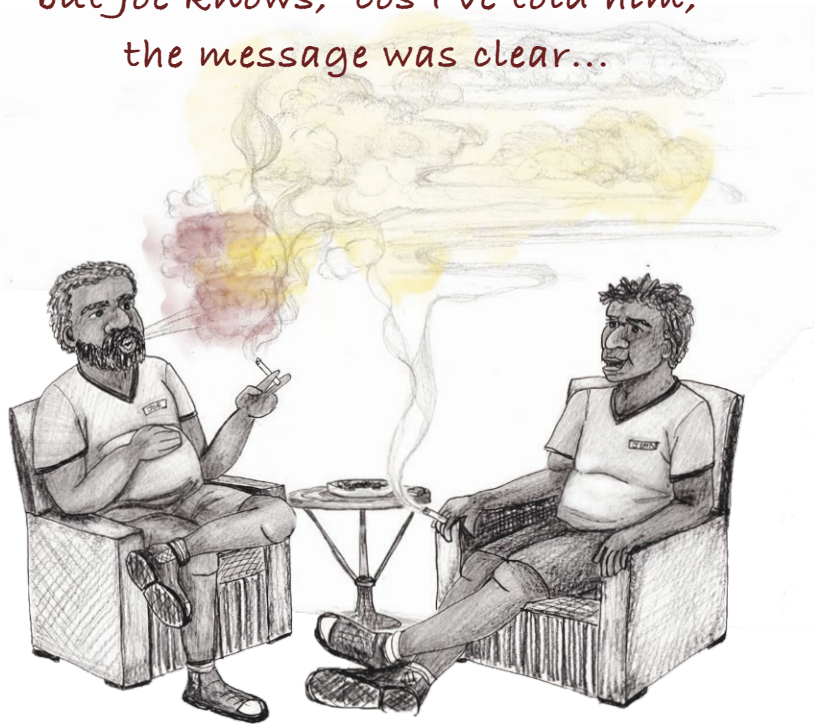
My Mum's just as bad -  
she comes round every week

She thinks I don't see her  
but her clothes and hair reek;  
she knows I don't like it,  
but she thinks I don't see

No smokes for MY baby  
and that's how it will be!

Big Joe from the warehouse  
is my John's best mate,  
he comes round each evening  
and they yarn on 'til late

They smoke from the moment  
he comes in the door,  
and they puff and they cough  
as they laugh... and smoke more...  
but Joe knows, 'cos I've told him,  
the message was clear...



No smokes for MY baby...  
or he won't be here



I went to do shopping  
and there they all were,  
lined up and smoking  
The air was a blur;  
I tried to avoid them  
but that is so tough  
The smell is there always...  
that horrible stuff  
but this I can tell you  
and tell you I will...

No smokes for MY baby  
to make us all ill!

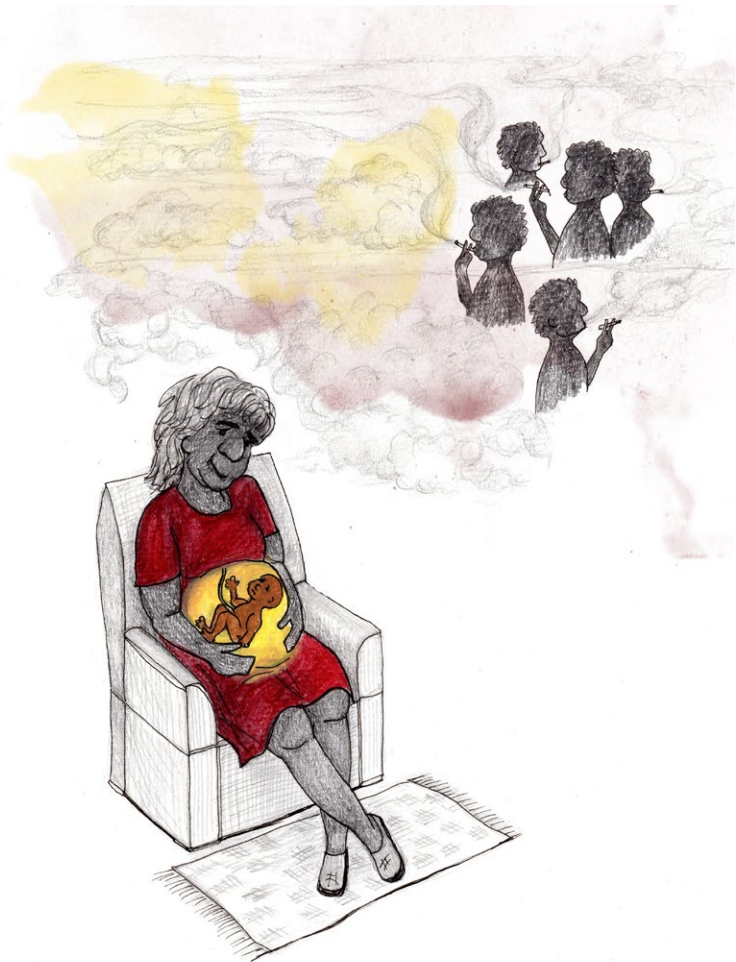
My brother and sister called  
round for a yarn,  
we've not met in ages  
we sat in the barn

Jason and John and Louisa and Joe  
all lit up their smokes...  
I needed to go

I thought, as I saw them all  
coughing and wheezin'...



No smokes  
for MY baby'  
and there is  
the reason!

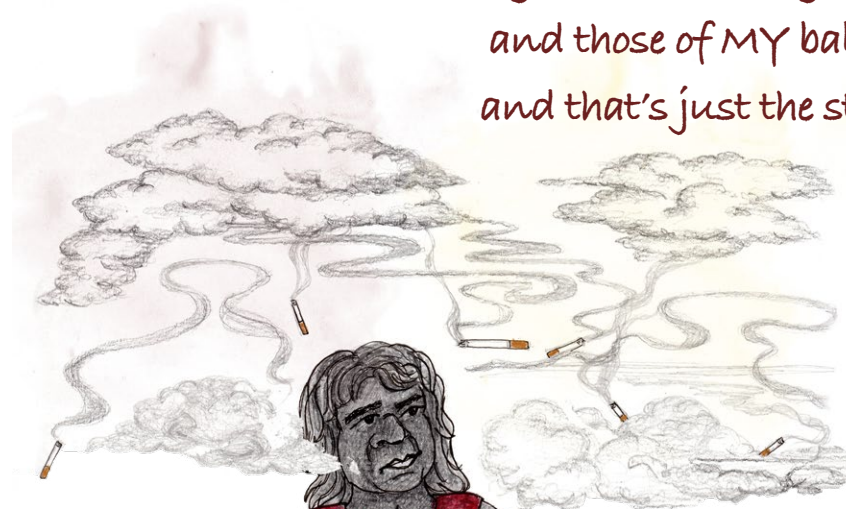


I'm glad I don't smoke or do harm to my baby  
but lately I'm thinking and wondering maybe,

if the air I breathe will still hurt my child?  
I read that it can...it makes me so wild

These horrible smokes with their horrible smell,  
can hurt all people around them as well

They're harming my breathing,  
my lungs and my heart  
and those of MY baby,  
and that's just the start



Now I'm determined  
I know it for sure

NO smokes for MY baby and  
this is MY law!



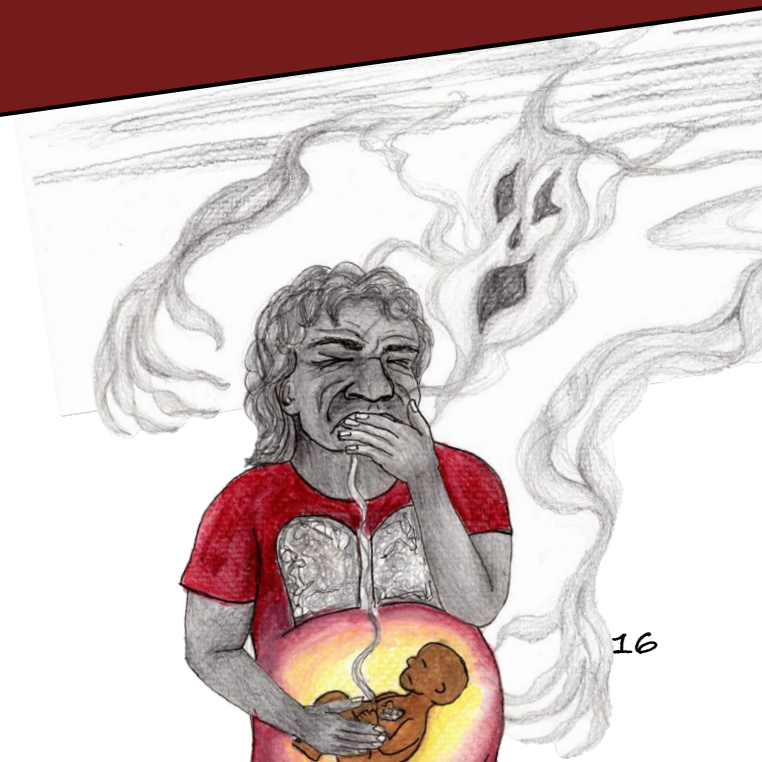
I went to the doctor,  
he checks on my health  
I told him my worries were not for myself  
he told me so much of the things I should know,



I made a decision...those smoke HAVE to go!

The air that I breathe is the same as the smokers,  
so me and MY baby will also be choockers  
it swirls in the lungs and the oxygen struggles  
to get to the parts where the baby still snuggles...

I will keep you from harm and this is my vow,  
my dear little baby, NO smoke for you now!



So smokers be warned,  
to smoke is your choice...  
but me and my baby,  
we still have a voice

You can't smoke near us and this is our call,  
you can't smoke in our house,  
you can't smoke at all

Because when you do,  
you poison the air  
you force us to breathe it  
and that isn't fair!

So go right away,  
or better still, quit  
we will both thank you  
for doing your bit!



There'll be  
no smoking  
for MY baby

so just you beware  
don't smoke around me -  
please show that you care!



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