

Do you want to have
access to higher
rebate Mental Health
Item Numbers and
the Indigenous
Health Incentives?

Deadly MHST

SUBSTANCE MISUSE.

**Mental Health Skills
training and Cultural
awareness training in one!**

Toowoomba

25th of February,
The Tapestry Room at Fitzy's,
153 Margaret Street Toowoomba

[Click here to register](#)

Goondiwindi

11th of March,
Gateway to Training,
15-21 Russell Street, Goondiwindi

[Click here to register](#)

Warwick

1st of April,
Warwick RSL,
65 Albion Street, Warwick

[Click here to register](#)

Ipswich

6th of May, Ipswich Civic Centre,
Nicholas Street, Ipswich

[Click here to register](#)

*Further sessions in Kingaroy and Dalby to be advised.

TIME (7 Hours): 8.15 Registration for a 8.30am start | COST: FREE OR CHARGE | ***PLACES ARE LIMITED

RSVP: www.carbal.com.au

Deadly MHST

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Information Sheet



✔ What is **MENTAL HEALTH SKILLS TRAINING** or **MHST**?

Mental Health Skills Training, often referred to as Level One, provides training in mental health assessment, treatment planning and review of mental problems commonly presenting in general practice. Upon completion of the training it allows you to access MBS items 2715 and 2717 – a higher rate of payment for mental health consultations.

✔ What is **CULTURAL AWARENESS TRAINING**?

One of the Indigenous Health Incentive requirements is that at least two practice members (one of whom must be a GP) must undertake approved cultural awareness training within 12 months of committing to the incentive. By completing this training, not only do you receive 40 QI&CPD points and access to mental health item numbers, you also gain access to the PIP Indigenous Health Incentive.

✔ What is **DEADLY MHST: SUBSTANCE MISUSE**?

Deadly MHST: Substance Misuse is a 7 hour mental health skills and cultural awareness training package that focuses on the use of alcohol, drugs and ICE in Indigenous communities. It is aimed at those of you who have Aboriginal and Torres Strait Islander patients and want to know who to approach their care in a culturally appropriate manner and understand the substance misuse in this context. It is facilitated by a GP and Mental Health Professional.

There are seven modules:

- ✔ **MODULE ONE – Historical Indigenous Context**
- ✔ **MODULE TWO - Overview of mental health in Aboriginal and Torres Strait Islander culture**
- ✔ **MODULE THREE – Consumer and Carer Perspective & developing a mental health care plan**
- ✔ **MODULE FOUR– Alcohol & Drugs**
- ✔ **MODULE FIVE – Ice**
- ✔ **MODULE SIX – Culturally Appropriate Care and Communication Skills**
- ✔ **MODULE SEVEN– Summary and role-plays**

Modules contain DVD presentations and lots of interactive activities.

Questions? Peter Fitzgerald 0418 212 346 / 07 46 880 500
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