



# NEW DIRECTIONS MUMS & BUBS PROGRAM



**FREE SERVICE**

That can help and support YOU!

# WHAT WE DO:

We offer culturally appropriate health care, support and information to antenatal and postnatal Indigenous women/children and their family.

We welcome non-indigenous pregnant women giving birth to an Indigenous baby.

## INCLUDING:

- ✔ Antenatal and postnatal care and education
- ✔ Home and centre visits
- ✔ Breastfeeding support and education
- ✔ Parenting advice and support
- ✔ Nutrition & Healthy eating information
- ✔ Children's growth and developmental well-being checks
- ✔ Children's 715 Health Assessments
- ✔ Immunisation information
- ✔ Women's health information
- ✔ Referrals to other Carbal and community services

# CARBAL NEW DIRECTIONS MUMS & BUBS PROGRAM

### Address:

Cnr Mort and Taylor Streets  
P.O.Box 1879  
Toowoomba, QLD 4350

**Ph: 0438173370 | 07 4633 9500**

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